

Module specification

When printed this becomes an uncontrolled document. Please access the **Module Directory** for the most up to date version by clicking on the following link: [Module directory](#)

Module Code	COU619
Module Title	Counselling Supervision Practice
Level	6
Credit value	40
Faculty	FSLS
HECoS Code	100495
Cost Code	GACG

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
Standalone module aligned to DipHE in Counselling for QA and assessment purposes.	Option
WU Certificate of Continuing Education in Counselling Supervision on completion of COU618 Counselling Supervision Theory and COU619 Counselling Supervision Practice	Core

Pre-requisites

Applicants must be qualified in their field. The minimum qualification is professional counsellor at Diploma Level. Applicants must have 450 hrs of practice post qualifying counselling practice. The Counselling Supervision Theory module must be completed in conjunction with this module.

Breakdown of module hours

Learning and teaching hours	24 hrs
Placement tutor support	12 hrs
Supervised learning e.g. practical classes, workshops	20 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	56 hrs
Placement / work based learning	32 hrs

Learning and teaching hours	24 hrs
Guided independent study	312 hrs
Module duration (total hours)	400 hrs

For office use only	
Initial approval date	17/11/2023
With effect from date	01/03/2024
Date and details of revision	
Version number	1

Module aims

The aim of this module is to prepare individuals to effectively supervise and support counsellors in their professional development.

This module is for qualified professional counsellors in practice. It provides them with the knowledge and skills gained via the theory module to establish and facilitate the supervisory relationship.

Triad group work, discussion and feedback, provides the opportunity for participants to experience the supervisory process and apply the skills and interventions necessary to maintain a supportive, competent and ethical alliance.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Demonstrate an understanding of and critical engagement with different supervisory models
2	Develop the use of supervisor qualities and behaviours that nurture a supervisory relationship, providing the space for supervisees to receive and challenge feedback within an ethical framework.
3	Demonstrate the application of monitoring and reviewing the supervisory relationship with the supervisee
4	Demonstrate critical reflexivity within a supervisory relationship

Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

The trainee supervisor will conduct a minimum of 15 hours supervision sessions with a professional in the same field as the student.

The trainee supervisor will have a minimum of 5 x 1 hour (minimum) supervision sessions with a qualified supervisor regarding their supervisory practice

Participants will produce a portfolio of evidence signed by the Supervising clinician, that supervises the practice of supervision.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1, 2, 3, 4	Portfolio	

Derogations

None

Learning and Teaching Strategies

Students will be required to complete the desired supervision hours required for the portfolio following completion of the training programme.

Lectures
 Experiential workshops
 Independent reading and reflection
 Practice Journal
 Support activities as appropriate
 Clinical Supervision
 Tutorials
 Use of VLE

Indicative Syllabus Outline

- Groups discussions regarding practice experience of a supervisory relationships
- Understanding the developmental stages of a supervisee
- Tracking the supervisory process
- Using creative and experiential methods whilst working in supervision

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Reid, H., & Westergaard, J. (2013). *Effective Supervision for Counsellors: An introduction*. Learning Matters.

Hawkins, P. & McMahon A. (2020). *Supervision in the Helping Professions*. Open University Press.

Other indicative reading

Borders, L.D. & Brown, L.L. (2022). *The New Handbook of Counselling Supervision*. Routledge.

Driver, C. & Martin, E. (2002). *Supervising Psychotherapy: Psychoanalytic and psychodynamic perspectives*. London: Sage.

Dryden, W. & Reeves, A. (2008). (Eds.) *Key Issues for Counselling in Action*. (2nd edition). London: Sage.

Falender, C.A. & Shafranske, E.P. (2009). *Clinical Supervision: A competency-based approach*. Washington, APA.

Gilbert, M. & Evans, K. (2000). *An Integrative Relational Approach to Psychotherapy Supervision*. Open University

Holloway, E.L. (1995). *Clinical Supervision: A systems approach*. London: Sage.

Inskipp, F. & Proctor, B. (1995). *Becoming a Supervisor*. Twickenham: Cascade.

Jenkins, P. (2007). *Counselling, Psychotherapy and the Law*. London: Sage.

Jones, C. et al (2001). *Questions of Ethics in Counselling and Therapy*. Open University.

Page, S. & Wosket, V. (2001). *Supervising the Counsellor: A cyclical model*. (2nd edition). London: Brunner-Routledge.

Scaife, J. (2019). *Supervision in Clinical Practice: A practitioner's guide*. Oxon, Routledge

Wheeler, S. & Richards, K. (2007). *The Impact of Clinical Supervision on Counsellors and Therapists, Their Practice and Their Clients: A systematic review of the literature*. Lutterworth, BACP.

Employability – the University Skills Framework

Each module and programme is designed to cover core Graduate attributes with the aim that each Graduate will leave the University having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

Core Attributes

Engaged
Enterprising
Creative
Ethical

Key Attitudes

Commitment
Curiosity
Resilience
Confidence
Adaptability

Practical Skillsets

Digital Fluency
Organisation
Leadership and Team working
Critical Thinking
Emotional Intelligence
Communication